



MBRR 2009 Survey- All Answers

Find below every answer given by our club members in random order and unchanged:

1.0 The MBRR Club: Items of Interest

1.1. What is the most important thing that the Club provides for you?

A great environment to train for running events, with like-minded people, who like to have fun and keep fit.

Motivation & opportunity to run with others

Friendships

Running support and encouragement

Mate ship

An environment where I can train with a great group of friends.

Running companionship, goal setting, training tips, knowledge- Social aspect.

Friendship

Motivation to do my reasonable best while hanging out with a bunch of nice and supportive people.

Incentive, friendship, motivation

Friends who share a common joy for running, coffee and drinking alcohol.

Comradery, training with others, travelling to other events as club

Enjoy the team running events I am able to participate in....so teamwork and interaction with motivated / fun people is important.

Moral support! Running companions, different venues for runs e.g. trail runs, advice from experienced runners.

Friendship, encouragement and the team work of running as a group.

Friendship and keep healthy and fit at the same time

A platform to run

It provides a friendly group of people interested in going for a run together.

Friends to run with

Friendship, company and the motivation to exercise

Company and Coffee

Good group of people, the atmosphere is always friendly and gives the ability to have a regular exercise programme.

That it is a club and not just a group of individuals meeting for runs. At first it was a way of being introduced into the local community. Now it is the way of meeting up with friends we know in the area.

Interaction between fellow runners

Opportunity to exercise/walking with likeminded people. Also the opportunity to interact with others socially. Enhances personal wellbeing.

Friendship and group motivation for exercise

The Club

Forced training & companionship

Social arena in which to exercise

Companionship

Social outings , improve running

Friendship of a great bunch of people.

MBRR provides many things for me personally, but if I have to choose one as the most important then it's the wonderful sense of friendship in a group of like-minded people with a positive outlook on life.

It has provided me with friends from all walks of life and good people to be with. A very kind group.

Great to run with other people who love running in a supportive environment.

As a newcomer to Redcliffe it gives me companionship and being able to meet new people, all the while

participating in a activity that I enjoy
Motivation to keep running, sociable aspects, friendships
Knowing that there is a group of people that I can run with.
Schedule of runs from different places and knowing that there will be club members there to run with
Social side – making friends with similar interests and goals
An environment with other likeminded people with different levels of fitness
Positive Reinforcement
Group events
An opportunity to run with fellow runners in enjoyable company
A group of likeminded people of various backgrounds, interests, age group , abilities who run.
It is a good friendly club – not too much formality. Close to where I live. My regret is that for the next 12 months approx I am working out West
Someone to run with
Company and friendship

1.2. Do you have any suggestions that can help improve the Club/Committee going forward?
Have an open mind and keep opening new runs.
Determining and communicating a clear, consistent and agreed vision and mission for the club.
Aim to have new committee member's every election this generating new ideas and participation
I think recent changes in communication are heading in the right direction
There seems to be the beginning of an "us and them" thing developing, i.e. the traditional group who run and the group that run/cycle. Sometimes the two groups seem to be so different in their expectation and goals that we are almost two separate clubs.
Although we have improved communications to a great extent, I think we need to try be more transparent in all our planning and outcomes – share information easily, and make it readily available.
Information to members re committee actions and meetings
No.
No
A more open process of decision-making. Some changes have been attempted in the past by the committee without consulting the membership, and caused dissent. An obvious example was the proposed merger with the Tri Club, which eventually did not come to fruition due to lack of support from the members when they were eventually apprised of it. The intent had been, however, to just go ahead with it. Things like choice of shirts/caps etc, inclusion of shirts in membership fees, club logo changes, membership drive proposals are all minor things compared to the above, but allowing members to have input and state their opinions gives them ownership and stops the wingers.
More information re trial runs for slower runners
Get a club house
Listen to what the members want the club to be. Make sure the committee is not on a different path
Not be such a secret club when making decisions which affect all members.
No not really.
Not really - it's about the best club / group of people I've ever been involved with.
I would appreciate runs along the Sandgate beachfront as a venue (I live there). My place is available as a starting/finish venue (Flinders) when I am in Brisbane
Not really.
I would like to see the club magazine and web site have a section for all club members to advertise their company. Include a brief description of what they do. Try and promote referrals within the club and assist member who may require services.
I think the committee are doing a great job, however some of the members need to become more active in the success of the club
It's not big business, value peoples time and efforts

<p>With increased costs, I suggest free membership to all members who offer over 8 runs a year from their home.</p> <p>Catering and time involved in providing these venues is well worth it for the club and other members May encourage others to have a run from their home</p>
<p>I would like to have the executive committee and the Jetty to Jetty committee made up with two separate groups of people</p>
<p>At each monthly meeting, choose one aspect of the mission statement to improve and brain wave ways of doing it. E.g. "Safety of members" in support of this Lynn is to cost 30 reflective torso bands for members to wear at night.</p> <p>I would like to see all executive members wear a name badge.</p>
<p>I think that the club needs to stop and have a breather and review everything that has happened to it and evaluate what is working and what is not.</p>
<p>Continue to work going forward and remember that you can't (wont) please everyone.</p>
<p>I feel that we are doing all we can at the moment --- I really think given the amount of free time everyone has, the committee does very well. Perhaps we could encourage club members to come along to some of the meetings if they have something to share particularly if we know they are not happy about something. As a club ,I think having the coach and more structured runs is a very positive step- I think in some ways it will bring us closer. I think back to some of those runs Murray organized from the Jetty, the runs Paul organized and the Nudgee sprint series – pushed us out of our comfort zone, at the same time creating lots of fun.</p>
<p>I'd love a club house</p>
<p>They carry on knowing they have the full support of the members</p>
<p>A committee needs to be very transparent creating an atmosphere where all club members have opportunities to have their say and feel free and valued enough to speak their mind.</p>
<p>We used to have a social event (run and breakfast at a different venue) once a month. We should get back to this.</p>
<p>With membership at 100 plus and subscriptions, vests, insurance, events publicity to be organised, a committee is vital. It is important the club recognises the input provided by them. Over the last two years there has been an input of new blood. It might be worth a 'chat' or two to find what prompted them to join and why they have stayed.</p>
<p>I have access to sports & recreation Old workshops. Suggest we include committee or all in the free seminar listings</p>
<p>More advertisement</p>
<p>I think communication and cohesiveness are the keys, constant feedback and a committee that is seen to be united and well managed</p>
<p>Keep on listening to members</p>
<p>I definitely think the club needs coaching (this is happening). There needs to be more structured runs – intervals, hills, etc. I'm hoping the coaches will bring this.</p>
<p>The committee should remember that they are a committee and representative of the club members and not allow one or two people to dominate.</p> <p>Could people be encouraged to use the website more to make suggestions about runs they would like to do etc.</p>

<p>1.3. Please provide one positive aspect of the Club and explain.</p>
<p>Great friends met through club</p>
<p>Running companionship, it's great as you never have to run alone.</p>
<p>It is a great club to be proud of</p>
<p>Fellowship and support</p>
<p>Companionship</p>
<p>The way you can depend on events/activities happening</p>
<p>All club members are nice friendly people, good to be around. A good few of the club members are I a similar age bracket to myself. It is a club my husband and myself can be involved together.</p>

The club has a wide range of abilities with the membership from walkers/runners looking to keep fit, to runners training for some specific event. There is invariably someone to pair up with to assist in these ends
Great people, great location.
Variety of people that make up the club
From a purely personal viewpoint - moral support! I have always been made welcome at runs, and appreciated the interest shown by other members in my running progress and state of health, but I will never forget the support shown to me at the 2009 Gold Coast Marathon. Sharron had already run 21km, but jumped the fence to accompany me as I hobbled the final 10km. Then I was encouraged near the finish line by other members, and met at the end by Linnie and Ed, and cheered into the tent by a mass of members who'd waited hours after their own runs for me to finish.
Attitude of members
Great bunch of people and they are all in their own way high achievers
The club spirit and friendliness of the members
The runners different levels of fitness means that there is always someone to run with
The way that the club embraces runners or walkers of any ability, makes anyone feel a part of it with something to contribute
The camaraderie is excellent. Just regular people doing their running
Generally the way everyone supports each other
Great strength and support we offer each other in tough times giving a real community spirit.
Mateship plus help and support on runs
Social aspect. It is nice to get together to exercise with friendly people that love to have a chat.
The most positive aspect of the club for me is the opportunity to mix with likeminded people – ie we all want to exercise – in our club it does not matter what level you are at, elite or at the back of the pack, the fact is you exercise to your ability and are encouraged for your efforts -
Everyone gets on well together, despite our different personalities, backgrounds etc. Our principle focus is running.
Mid week runs - Safe evening running and route variety
Friendship, coffee, alcohol
No matter how any of us perform on any day, there is always encouragement and a friendly smile. Always. Of particular note, there is no elitism or pecking order with respect to ability or performance that I am aware of. I love that about our club. This is very unusual for a group where times and performance is readily measurable several times per week.
It's always about the people and we have a great team of runners.
How it has progressed from humble beginning to what it is today, a successful, thriving club
The friendly and welcoming environment, it's not about being the fastest or the best it's about being involved
Some wonderful, dedicated, inspiring and motivated members
Camaraderie. There is always someone to run with no matter your level of ability.
Good honest friendship
The club provides an environment where everyone can walk / run / train to their own aspirations and it is fun at the same time.
Having the choice to run or walk
Social
An opportunity to run with fellow runners in enjoyable company
Friendship and the Team Work
The support and camaraderie. I love that everyone is so supportive of each other regardless of their abilities.
Encourages you to go
Having the opportunity to do group trips for big events like the Gold Coast is great.
Company of runners at a given place and time

The comradeship of all members is what makes the MBRR's
The people make this Club!!! We have such a variety of people with different goals. We all support each other.
The support the club provides is a very important aspect. It is a good advertisement for the club.
There are so many positives, but again you've asked for one and I think it's the shared motivation to seek good health in a friendly environment like MBRR

1.4. Please provide one negative aspect of the club and explain. Is there a possible solution?

More variety to activities, rather than run along the beach front.
The most negative aspect as I see it is that when we have a problem with someone, we whinge amongst ourselves but don't address the person we see as causing the angst. This is difficult to resolve, as we basically all get on really well and don't want to upset anyone – if we can't address the person directly, we could look at drawing up a code of behaviour for our club -mmmmm easy to say
Sometimes you arrive for a long run and find a group went out earlier. Lack of communication can lead to people feeling outside.
I would like the opportunity to learn from other runners e.g. techniques, injuries. Solutions: to run with experienced runners if the faster runners could spend time with slower runners sometimes and share their experience.
I think we were trying to make the club into a Elite running club – most members want a Social Running Club
Some bad vibes at the moment, with some negativity, soon to be addressed I am confident!
No formal stretching time. Should be a habitual thing
Because the club has grown so much, we all have different directions. I think this is a reason we can't agree on a date for social events as it clashes with what others are doing.
Those new to the area or looking to improve their fitness particularly beginners may see the club as 'elitist'. The present advertising makes little mention of walkers or beginners. Perhaps a simple leaflet explaining the clubs venues, multiple layers, low cost, etc. could be made available around the Peninsula.
Always look at the bright side of life
As the club has grown it seems to be separating into sub groups. Solution-hopefully this survey will assist to find out what everyone wants?
More encouragement (coaching?) for the slower runners to help them break through their individual walls
I can't think of any - I am very happy
Early starts – when I am working out West I start work at 5:45am but seriously on weekends I catch up. Can we have the start about 1 hour later – or two separate starts?
Too much Tri-Club involvement
Communication – from a running aspect. If you plan with a couple of friends to do an early run, send an e-mail out to all, in case others want to join you.
Communication has been, and I believe remains, a problem. Some members do not have email (an obvious solution), and snail mail is very expensive and of course, slow. Jana's newsletter is great, but could be expanded to include more information. It is only monthly though, and I feel a weekly bulletin would be more useful. There is a casual network operating among members who regularly attend Coffee Club, but most members either are unable to or don't want to join in. This leaves them on the outer, so to speak, as they miss out on casually imparted news. Maybe a general meeting for all members once every two months would help? It could replace the committee meeting for that month so busy people don't have to go to yet another meeting.
I think the club has been in danger of becoming too controlled by one or two strong personalities. The committee should remember that they are in fact a committee and that the decisions they make are representative of the club members.
The complaints that you hear through the grapevine but people don't come forward to the exec committee and explain them so we can deal with them. The resistance to change with some of the

members.
Too much emphasis on bike riding – we are after all a running club
Can't think of one.
Not really.
Refer to question no 2.
I don't begrudge the cycle group their right to cycle as well as run; however sometimes there seems to be too much emphasis on their activities. The MB Cycle Club??
Some infighting but that is typical of any club. The multisports move being a case in point.
Do not wait for runners to get back from run to ask how they went too quick to go over to the Coffee Club to many small clicky groups within the club.
That's being very critical, perhaps vary locations of runs so they are not so familiar (New Areas)
The club doesn't have negatives, some of the members may, but we try to deal with those in a positive way... Perhaps we could be more sensitive the needs of the individual rather than the group – but that's life, from the kindergarten to the funeral home?
The members who stand back and let others do all the work
Perception is there is a measure of disharmony on the committee.
Sign down waterfront just north of Jetty be updated with correct website and phone number for 3 years...it still has the old info on. Solution... get new stick-on signage created
From what we see (which may be limited) as we have been unable to be as involved as we may like to – There appears to be divisions/ inconsistencies in what the overall objectives of the club are. Back to clarifying and communicating the mission / vision / objectives.
I cannot think of one
Seems to be some discontent around the J2J. Has it become too big an event for a club like ours to now manage with many members aging and having been involved in this event for a long time.
No cohesive plan for popular race events throughout the year Choose 4 races of different lengths and put a training program together prior to each one

1.5. For the newer members of the Club is there anything different we could do to make you feel more welcome?
Nominate someone to run with them until they feel comfortable, perhaps rotate members per month willing to do this, after knowing their pace
To encourage new members, advertise and have an information flyer to hand out on runs, coffee club etc.
We run as a group with new runners and not take off and leave them.
A more social approach to new members by all.
I think the new members fit in quite well as it is.
Yes, assign a regular buddy for the first three months
As a new member - at the socials functions it would be nice to be 'embraced' a little more by other members. If I don't start a conversation – no one else does. Maybe this is just me
No I don't think so
No
Buddy system sounds good
Let them do the Jetty to Jetty in their first year as a club member.
More communication from members
Maybe have a 'buddy' to partner up with based on age/abilities, etc. At least until you get to know a few people.
I would like to see club members also have an available name badge " Hi, I'm Lynnne". Assign a buddy
Do we really need more members? What should our membership cap be? Everyone who administers our club are volunteers who give their time freely – could we cope with another 50 active members?

That is, 60 to 100 people running at weekends and during the week? There would be safety issues, logistic problems feeding/watering so many.
Appoint an official "Buddy" to each new member
Nope
I am an older member
Keep doing what you are doing.
Not surebiggest thing when you start is probably not knowing who runs roughly at your pace so you can find your place in the running group ...but then like me if you weren't running much and timing yourself that's difficult to know anyway. Maybe we could have a list on the website of member's times for events they do during the year if people are happy with that?
Listen to the members in what they suggest and seriously look at what is said.
Perhaps a more official lead up with first runs with specific members allocated to run with
When I first joined the and despite fitness limitations there was invariably encouragement from established club members. This helped from being a new member to felling part of the club. I am not suggesting anything "different" to this, as this seems to work.
Develop a standard practice of welcoming new people, and even perhaps request committee members to introduce themselves. Produce a MBRR Flyer that outlines our activities etc., and keep it updated and topical.
If we know a new member is going to be joining us, make sure that some member in particular takes that person under their wing initially ie find out their level of running and put them with the relevant group, be welcoming at the Coffee Club making sure they are introduced to everyone, perhaps even ring them before they come to the run(if they have joined the club prior to coming to the run), and let them know that you will be there to introduce them to everyone on that first run – I feel sometimes when a new person turns up on a Saturday morning, it must be a bit intimidating for them initially, especially if they are not outgoing - ?? Name badges - Also a handout outlining how we work.

1.6. What can the Club do to encourage new members? Retain existing members?
Maybe look into newspaper coverage.
We need to attract younger members – variety of programs for different fitness levels or the different goals
Perhaps more public exposure e.g. Advertising in local paper?
I feel we do encourage new members – we have a very good website , we are a friendly bunch – perhaps we could run an occasional article in the Herald if we could get it for nothing!! . As for retaining existing members, be communicative – and I feel we do our very best to keep the lines of communication open.
A complementary 3/6 month membership together with entry to the Jetty to Jetty
Continue in much the same way
I think the coaching aspect will help encourage new runners
What about notices on community notice boards in the library etc and also in the local paper if community notice is free or for minimal cost to let people know we exist? What about having nominated runs for beginners and maybe having the coach take this run say twice a month.
Follow up with members who "disappear" for more than a few weeks, perhaps review the membership list quickly at each committee meeting to this end. I think the club is growing at a reasonable rate – maybe we don't want to grow exponentially and the current rate of growth is ok?
More advertising
Flexibility
Keep it simple. Encourage all levels. Spot advertising and free editorials
I like the monthly BBQs – this social side retains existing members.
Provide set running schedules for them to help reach their goals
When they reach that goal write about it in the newsletter

Mixture of programs
I don't know but more young members would be great.
Raise our public profile somehow – other than what we do for Jetty to Jetty (this doesn't seem to promote us as a club, rather promotes the event)
Opportunity to run J2J in first year of membership.
With the growing interest in fitness and fun runs, perhaps a focus on people joining in order to train for a specific event. Maybe put an advert in the local paper along the lines of "Want to complete a half marathon and amaze your friends? Come and run for fun with the MBRR"
To encourage new members - Set an objective about what types of members would like to be encouraged. E.g. <ul style="list-style-type: none"> o Younger runners with younger families – perhaps more family focused activities / events. o Serious runners – A good, consistent and visible coach would assist. To retain existing members – back to clearly articulating what the club is about / wants to achieve in consultation with members.
Advertise in the local Redcliffe Herald or get them to do a story on the club. eg story about the Jetty to Jetty and the money it raises for charity.
Maybe some publicity, I would hope that the running of the J2J would attract new members.
Carry on what we are doing, there are numerous events people can participate in.
To encourage new members: people are sometimes daunted by what they see as a group of "real runners", as they perceive themselves as raw beginners. Perhaps we could have more structure at runs, where an experienced member leads each group at a suitable speed/distance? If everyone took a turn, it would not be too disruptive for individual training programs. For example, we could have a 5km walk/run group, a 5km run group, a very slow 10km and an intermediate 10km for those who want a challenge. If beginners are always left behind and end up running by themselves, they will not feel a part of the club or supported at all. I know this doesn't usually happen, but it sometimes does, and we don't want to get that reputation.
To retain existing members : get something new happening, people get tired of the same old same old – Saturday and Sunday mornings, head north along the beachfront and end up at Coffee Club. Let's do some more organised trail runs, perhaps once a month, and a daylight road run somewhere different – Brisbane has a network of bike paths with great maps available. Northside runs are still very accessible, for Sat and Sun mornings rather than the evening runs when people struggle to get there from work on time. Club mass entry into races like Gold Coast, Dusk to Dawn, Hare and Hounds etc. is great and well supported.
More advertising by flyers, 2 x marketing days each year and give out flyers at shopping centers Advertise in Herald on a monthly basis
Word of mouth, hand out flyers, advertise / articles in local paper
More interclub runs and BBQs.
Canvas other runners at Redcliffe on weekend runs.
Advertise in the Redcliffe newsletter. Write race reports for the Redcliffe newsletter
Appoint an "Buddy" to each new member Name badges for everyone
Encourage – have a mini-workshop to discuss new ideas like repainting the MBRR sign at the Jetty etc Retain – keep on doing what we do best, providing a healthy, happy and positive group of friends for all...
I would think if we made of a flyer to hand out explaining we are not an elite running club , that all are welcome and that we have a walking section and show the cost.
Training programs ,cross training options swimming ,cycling
Let people know we walk as well as run
Have guests day where everyone invites potential members for a run
Don't know...I think the Jetty to Jetty sparks interest. I did the J2J last year for the first time and thought it was a fun, well organized event That was a major reason I joined.

More social events and communication
Need to interact instead of staying in own little groups
What about notices on community notice boards in the library etc and also in the local paper if community notice is free or for minimal cost to let people know we exist? What about having nominated runs for beginners and maybe having the coach take this run say twice a month.
Do we really want more members??? As it get larger it will be more difficult to hold together.
New - Leaflet, as mentioned above. Ensure newcomers are introduced to as many club members as possible. Pairing walkers/runners of similar ability until they find their 'niche'. Existing – members may leave for reasons that are unchangeable. 'Wise heads' in the club may be able to find if there are things within the club creating a problem that could be addressed.

1.7. Walkers – what could we do to advertise the fact that we have walkers and attract more?
In the club title. Moreton Bay Road Runners and Walkers
Keep it simple. Encourage all levels. Spot advertising and free editorials
The sign at the jetty need to change to runners and walkers
Make that a part of the MBRR Flyer – distribute at weekends, running events, website download...
Advertise benefits of regular walking somehow – posters in doctors/physio reception areas???
Perhaps advertise in local paper, local gyms.
Advertise in the local Redcliffe Herald
A brochure available from the information centers and the library which makes this fact clear. Word of mouth.
The outdated sign at the Jetty indicates professional runners. It needs to be redone and include walkers.
Just by wearing club T shirts, that says ' <i>Walkers are worn out runners</i> ' on the back
Maybe some publicity, I would hope that the running of the J2J would attract new members.
Look at updating our board at the jetty, and once again, if we could run an article in the Herald, advertise the fact there
MBRR Information Flyers, as I know people who aren't aware we have walking.
Word of mouth, hand out flyers, advertise / articles in local paper
Ads in Local & surrounding areas of (paper, library)
Club's name "Road Runners" probably could be changed
Have a 5 km walk on a regular basis
Perhaps more public exposure e.g. Advertising in local paper?
Try to put something in the local paper more often
Advertise the need for walkers in the local paper where they advertise all the other local events.
Adds in the Herald? Are we able to advertise at gyms? This is a tricky one.
Sign at Jetty could be amended to mention walkers as well as runners. Local flyers.
Flyers
Perhaps an advertorial in the local paper about the walkers. Suggest walking event. For club members only, perhaps on either a Saturday or Sunday we could have an event called "Smell the roses event" where everyone including usual runners are expected to walk and then have a shared breakfast BYO at a designated spot e.g. Suttons Beach to finish the walk. Possibly once a year.
I would think if we made of a flyer to hand out explaining we are not an elite running club, that all are welcome and that we have a walking section and show the cost.
Maybe look into newspaper coverage.
Leaflet as above. Redesign club sign near jetty to show the range of activities the club caters for. Emphasis to 'keep fit in an ideal location' aspect.

1.8. Are you willing to be part of the executive committee or help with organising some events/runs

etc?
Not at this point in time.
I am not able to be part of the executive committee, but I would happily help with organising runs, and lead a group of newcomers/beginners on a regular club run.
Unfortunately work commitments/travel prevents me being more involved. It's great that new members have stepped up to contribute in other areas.
Yes
Yes
No
Yes
Yes
Hmmm, enough said...
Already am
No
Yes, with a bit of warning to fit into schedule
possibly
We are happy to help out when needed in the main events and am happy to continue with my involvement in the J2J.
Happy to stick with j2j role
No thanks :o)
Yes
No – not on committee, but can help when possible
Yes, I am very happy to be part of the committee, and to help with events
Get little time – difficult with work and kids
I would be happy to help with events / runs
No
I often don't get home until after 6pm and am currently committed to training or various other activities on Tues, Wed, Thu, Fri, and Sunday nights, and I go to bed early on Saturdays prior to long run on Sundays, so that leaves Mondays for family. At this time I would be unable to commit. Sorry.
Yip J2J for one more year only
Not at this time
Yes
Other commitments at this stage, so I'd rather not to.
Sorry, I live far away
Yes
In any way that's required, count me in
No thanks. No time. Too much going on at home.
Not interested in being part of a committee and attending meetings but willing to assist committee members with specific tasks.
I am
Happy to continue helping with BBQs etc. but not to be an organiser of events.
No
Not very clued up on running events or venues. Feel an important aspect of the club is the club magazine. If there was the need, would be willing to assist editor in helping with material etc reduce workload.
Yes but have limited time
Yes I help in my own little way
Yep, happy to help in some way now I know a little about the club.
I am willing to help with whatever is needed, but I do not want to be on the committee.
Limited capacity for the next year due to a pretty hectic schedule but hopefully after that I may be able to assist more.

Yes, to start I would prefer not to have a job
 Yes, help with organization if I have the available time.

2.0. Events:

2.1. Which activities do you like to do with the Club at the moment?
Runs and BBQs
Weekend runs and club runs at outside events
A Saturday/ Sunday runs, BBQs for special events, take part in runs (half marathons/10km) as part of the club.
We enjoy most of the activities and runs that are provided
All monthly BBQs & J2J, etc
Mainly casual runs on the weekend.
Weekly runs
Endeavour, Goondiwindi, Gold Coast, and any of the socials events
Coffee , talking
Run and mingle in the Coffee Club at the weekends to enjoy the company of those who walk or run faster than me. The occasional social events too.
Walk, BBQ
Running
Walk on Saturday or Sunday and the occasional weeknight. Meet for coffee afterwards. Enjoy the BBQs and G.C. run. Attending and being part of the City to Surf in Sydney.
Weekend runs and coffee
Generally enjoy the 'basic' club activities, weekend and evening runs plus 'get together' afterwards. Club does not have a club house and this helps to fill the gap. Members 'out of action' for various reasons also have the opportunity to still meet up.
Club runs whenever possible (twice a week once my leg is OK again), participation at races, trail runs.
Running in general and participating in away events as a club.
All of them, especially the BBQ after a run
Drink Coffee
Running weekend and mid week
First trip away to Sydney was fantastic – very well organized.
Enjoy evening runs
When we go as a club to fun runs
I'm happy to do the job that I do to help the club out
Run when I can – oops, waddle
Running and drinking coffee.
Do long runs on Sundays, occasional night runs during the week. All the events – Gold Coast Marathon, Glass House Trail Runs etc.
Team events – great fun
S2S, 500, Gold Coast
Run , run and run again
Run on Sunday morning, though enjoy the week runs and the social gathering at members homes afterwards
Running; weekend and weekdays. City to surf
Walk, Coffee
Track work once a month
Running would be good! Obviously that's my problem.
It's really great following the running calendar and doing as many as possible, or affordable each year – that's a lot of fun! Really enjoy the social side of the club, the nights out, dinners together...
Trail runs, long group training runs and of course the Coffee Club.
Try to do a Saturday or Sunday run at the Jetty;

Enjoy training up with others before big runs like the Gold Coast; Even enjoyed the Dam Run with the shitty hill at the end.
Run and walk, drink coffee
Weekend and week night runs. BBQs
I love all the trail events
Run and sat coffee
Normal club runs. I am also happy to see other club members at other runs but do not feel that the club specifically has to organise something for every other run. These runs are well advertised by our website and the calendar and people informally meet at these.

2.2. Are there any additional activities you would like to see from the Club? Please be specific.
I am happy with one social event a month – what would be good would be some sort of fun event at some of the barbies – something that involves all the family -like a relay or “crazy sports” morning
More structured training sessions
Some other ideas I have seen work well at other clubs include a weekly handicap run or time trial.
Information nights occasionally...nutrition, training, competing, injury prevention
Interval training as we are all getting too many injuries on long pounding runs. More family events with kids welcome
Social barbeques
Return of the monthly run at different locations (wetlands, Bribie, Bull..... Rest)
No
Coaching with cross training – swimming, bike riding
Not really.
Not really - I am very happy.
No, I think that the current activities that the club does is sufficient
No
Trail runs.
Sat / Sun trail run – once every 4 – 6 weeks
Coached speed work session at a location on the Peninsula
I don't know...time, fitting in running with work, family commitments are always a factor.
Social outings that do not include running
It's not easy because most of us have jobs, families and a heavy schedule at the best of times, but at least once per month I'd like to see a dinner & movie night on the Peninsula, or a show at the Redcliffe Arts Centre.
More Trail Runs in the summer where there are lots of options for walkers, joggers, runners and turtles with a picnic afterwards. Mt Mee or Maddock's Dam run for the family.
I would like to do more social bike rides, the last one was great
I think it should be ok for different small groups to organize some social events as they see fit. It does not always have to be the whole club.
The Relay race with all members taking part
No
Yes open to suggestions but say NZ / Pacific Island and basically for club members anywhere with cheap airfares accommodation
Cross training and weights
More organised Club / BBQ runs
More trail runs (in addition to the Glass house mountain runs), which the club gets involved in.
See suggestion under walkers – “smell the roses Event”
More social runs from different venues with breakfast after
The 'relay' events (Historical Village/Helicopter park) provide a sense of 'esprit de coop' and friendly

competition. Perhaps a relay element could be introduced into the club Dam Run with the existing alternative starts doubling as changeover points.

2.3. Are you interested in another event in the year off when the Club does not travel to City to Surf? If yes, Where?

Alice Springs

Yes,

No. A weekend in Sydney can be expensive; every second year is OK.

Yes. Melbourne.

Brisbane Marathon, Sunshine Coast event, Melbourne Marathon

Not sure, open to suggestions

Anywhere new and different

Yes - Almost anywhere

no

No

Overseas Marathon

No

I am, but don't know where

I think a social/travel run is always a good focus to look forward to.

Yes, way out west?

Yes, the Melbourne half and marathon

No

Not really

Perhaps the Melbourne Marathon event, from city to Frankston, the MM does have shorter distance also.

Melbourne marathon or other event around the country

Maybe Melbourne or similar but as alternative to Sydney, i.e. still a bi-annual event.

Yes, not too sure where

Possibly depending on location

Unsure

Yes, love to do Melbourne Marathon, half or 10k on the alternate years if the interest was big enough? 15-20 people would be needed to make it happen...

Yes anywhere

Not sure. Maybe something smaller scale (less people) in a regional city could be fun?

Yes...Would always have to be after J2J or well before

I like the Hunter Valley wine run but it is usually the same weekend as the J2J

Not sure

Perhaps alternate with Endeavour? Or choose another run on the off-year, different each time e.g. Alice Springs (my pick!), Melbourne, Broken Hill ...

Yes! Yes! Alice Springs, Melbourne Marathon, The Great Ocean Road, Great Train Race Melbourne

Great ocean road ½ or marathon

Yes, Melbourne ?

Yes Melbourne would be good for a start

Yes

2.4. Are you interested in an international event? If yes, Where?

Yes! Anywhere you like. NZ would be the most economical.

Yes - Almost anywhere that isn't hot and there is no current or recent military activity, or lots of long buried land mines.

No.

New Zealand?

Everyone would answer yes to this question if they had the ability to fund it.
No
Of course... I'm not sure where, but always keen.
Not in the budget unfortunately
No
Brother crawl (?) in Amsterdam
Lots of good choices, need to put it to a vote, but mine would be the New York Marathon, or next the London Marathon and subsidiary events, half and 10k.
Yes, China, UK, Helen's hometown half marathon at Beer fest time
no
Yes – many different places – London, Mt Kilimanjaro, Auckland, Christchurch, if we REALLY want to get out of our comfort zone
No
Not really
Not really
No
Yes when retired or have more time, would like to run in Europe somewhere.
Yes
Would love to how about... http://kilimanjaro-man.com/ in a few years time.
Yes, maybe New Zealand
Yes, not sure which event.
Would be difficult as a club event, cost, time off etc. likely to appeal to a small group looking for the experience or meeting up with family/friends.
Yes, one day, New Zealand
Yes, London Marathon
Yes anywhere, anytime with any of the club members
Haven't really thought about that. Maybe in a year or two.
Yes, this would depend on cost
Interested yes but I doubt I would be able to make it.
Yes, New Zealand, New York, South America.
Yes
I think this is a great idea, there are good options not too far away, eg NZ, Fiji, etc, reasonably affordable, particularly with plenty of notice.
Yes New Zealand
Yes open to suggestions but say NZ / Pacific Island
Not really
New Zealand

3.0. Training:

3.1. Does the Club meet your expectations in regards to training?
Yes
Yes.
Yes
The club is always very encouraging and I have seen in the past that help is always there for runners but feel that it would be beneficial to do some regular coaching sessions\information nights to assist further
I have no expectations however if there were more structures training opportunities I would take advantage of them if able to within my daily schedule.
I've been lucky to have Paul as a coach. If I didn't have him I don't think the club would meet my expectations in regards to training. It's good we're getting coaches.
Yes

Yes
?
For my limited horizons – yes.
Yes for me but maybe others may need more
No, unstructured
Yes
No not really as there is no one dedicated to assist. I'm interested in more interval training and stretching.
What training
Not a problem as I look after myself with respect to training programs
At present lucky if I can run to the end of the street. I need energizing before I could even contemplate training.
Yes
Yes
Yes it does – my biggest problem is me – but I know that if I need more, then it is up to me to “go get it” as it is all there for taking
A coach !
The club does not really offer any sort of training at present. Not sure that I actually ever expected it too though!
Sort of, more could be done, the Wednesday track training was good, pity it fizzled out.
yes
Need a coach
Yes
Yes
Yes, mostly
Only as far as running goes, for any other training or to get to the next level with running have to go outside club
yes
yes
Yes
I don't expect the club to train me, that's my responsibility to manage my own training, so the answer is Yes.
Not specifically, but works when others are training for same event.
There is no problem with training. We have members which give good advice and help and now we have a training officer
Yes. More organized training sessions would be nice but this is not an expectation. When I need some help/advice I usually ask someone like Paul, Pete D or Pete R.
I didn't have any expectations about training, but yes I would like to learn more to improve my running performances
A few tips to improve my running style and methods could be useful
For me I have not seen anything specific as yet
No, would like to see an appointed person you could ask if need advise re training schedules.
Yes
Although we are currently unable to run much if at all, we think the club used to do far better in this arena when Paul played an active role in assisting / training people.
Yes, but better communication would help in relations to what people are planning or running

3.2. Would you like a more structured training program within the Club?
If it was possible to offer this to club members it would be good.
No

I do my own plan
Yes, as an option for those who want more than a casual run.
At times – to help meet specific goals / events
No, I like the relaxed approach. There are people like Paul Ewing for people to approach for personalized program.
Possibly - as an option to those who are interested. I personally feel I need some guidance on basic running technique.
yes
I am keen to have a more structured program within the club – not so much for myself though God knows I need it - but I feel it would be a draw card in getting new members, and retaining existing ones
Yes, especially to help new people achieve goals safely
Can be useful before a 'big' rune i.e. the Gold Coast
Not really, sounds like too much hard work
I am in two minds about this one. The more experienced runners usually have a training program of their own, tailored to suit their individual requirements, and would be reluctant to adopt a program set by anyone other than an expert elite runner! It would be excellent for beginners though, and could incorporate different facets of running, such as hills, trails, speed work, distance, as well as advice on nutrition, gear, injuries, rehabilitation.
To a point, flexible would be better.
Maybe
I would enjoy this
Yes
Yes
No, individuals can do their own extracurricular activities
Yes
Might be useful to have access to information that would be helpful regardless of abilities.
No
Yes when I am fit
Not necessarily
Yes with flexibility for either morning or evening sessions.
Definitely
yes
As suggested above it would be an asset to the club and the membership
No
Some members probably
Yes, when the Gold Coast or Noosa are coming up
No
That would be great.
Yes
Perhaps – a club coach is a good idea as long as the coach is good.
Don't know
Would I like any training program in the club? I'm certain some would like it, but for me it's the coffee & cakes that keep me going...
Not for me personally
I would like it optional
We think this would be a very good idea. A hands on coach would assist with this.
This is a tricky one, I think most people are complacent and just want to run. It would be good to present that option and see the response. Having said that, whenever someone has suggested a structured run, Paul or Muz, it has been well supported.
Yes, think it would help improve performance.

Yes, I think the idea of having a club training coach is great. I would certainly try to use something like that.
Doesn't bother me

3.3. If there was an option to have a more structured approach to a night running session would you take advantage of it?
Yes
Yes, might be interested.
Yes if I can
Probably not. I am just happy running around Redcliffe with my mates from the club. While this may appeal to some members, it has the potential to further divide the club; we would then have another segment of the club doing their thing separately from the core members
Depending on start time for those commuting from CBD, yes.
Maybe. Last time I tried doing track work I ended up injured – bad luck probably. Speed or hill sessions during a road run would be good (like Paul did with a group of us earlier in the year).
Mmm, would have to think about that one, I enjoy the social aspect.
Yes definitely
Yes
I would if the runs were a bit later. It's really hard for me to get to a 6:30 run.
yes
Probably not, due to family commitments
No
Not sure, as I find it difficult to get to night runs.
Probably not
yes
No
Yes
Yes
Yes, running laps at a park. It is also good to keep all the runners together and create an opportunity for the slower runners to talk to the faster runners. Our turtle section needs all the help they can get.
No, definitely no, I go for the friendship/coffee/alcohol and on occasions a run.
Would love to but would not be able to much due to our personal constraints.
The Tuesday and Thursday 10k runs and the Sunday long runs form the basis of any training program I would want to be involved in - I think. I am certainly interested in alternatives/variety, but would still want to do a minimum 10k distance on the weeknight runs.
yes
No
Probably
Mid week runs are what you make them, it would be good to have option of more structured run on one of these evenings. ie speed work session at local park
No
yes
Might be ok on occasions / trial approach. Would like to see some night runs remain as is.
No
Probably
No
Yes, feel if you are a slower runner you don't have much choice to do a 10k run as no one to run with unless you do a shorter run, feel it is unfair
No – I am a morning person
Interesting that you ask the same question in a different way, but it could be beneficial to have

specialist coaching, like speed training, endurance training, or injury recovery sessions – agreed!
yes
I would
Yes when I am fit
Yes
Occasionally, yes, but maybe not at the expense of losing the social aspect of an evening run
Hard for me to train at night due to family commitments. Would give me motivation to get out.
Yes I would so long as I could get to the run

3.4. Would you take advantage of a monthly boot camp at a reasonable cost?
Yes
maybe
No
Yes, if it was professionally run with an accredited/ experienced trainer and on time it was run.
Probably not
No
Yes, if it included swimming and cycling training also
If I am here
Probably.
That could be fun.
Yes
No
This sounds like a good idea, I know a great personal trainer...Is once a month realistic, would at least, say, fortnightly be better?
No – already do one at lunch time
Possibly
Yes
No. We are a running club. People should do other disciplines at places more suited.
yes
No
Yes - with the option to sit out of activities that may affect my dodgy soccer knees.
Probably not
Unsure, may not suit my level of fitness. May not be able to keep up with the more athletic types.
Possibly not
Probably not
Interested depending on type of training
No
Yes when I am fit
No
No
Yes I would, but ONLY at a very reasonable cost
Have done this before – lots of fun <ul style="list-style-type: none"> • Good for socialising • Might be good to get people into the club
No
Most probably
Yes
No!!!!
Probably
NO

Yes, if reasonable cost to me.
I would attend if they were at a convenient time.
Very much so this would be very interesting
No
Yes if it was at a time when I could get a babysitter.
No
Yes

3.5. Would you like to see the Club put more members though coaching roles?

If people wanted to and it did not put too much pressure on the clubs finances or cause a whole lot of extra work for the committee.
Yes
Not sure how many are needed in coaching roles.
Difficult to answer, depending on who and how dedicated / motivated they are.
I think the club is mainly a social club, so not really
Depends on who it is. Someone with credibility as a runner who could use their knowledge to help members would be ok.
That would be up to the individual
Possibly, what people like about this club, it's very social and easy going, and other clubs are quite structured and serious, heaven forbid
No
No
Yes, massage, training, injury etc.
Would be good idea for the youngish, able club member. I believe a knowledge of nutrition would be helpful
Useful to have extended knowledge within the club. With more informed members within the club more likely a knowledgeable member available during club activities.
It would be advantageous to the club member personally and the rest of the club.
No
Doesn't bother me
I think two coaches is sufficient for our club
No
Yes. I'd do it myself at own cost if I knew where to go. I was an accredited L1 and L1.5 Soccer coach, and was working my way through L2. I ended up being a better player after I learnt more about training others.
Yes me Yes me
No
I don't think we need to
Definitely, we have the knowledge and the experience within the club. We should not have to go outside for any coaching needs.
Yes
One good coach would be enough to start.
No – for the reasons that it may contribute to the potential divides mentioned above.
If required, no problems... it's one of the benefits of having the Jetty to Jetty funds to finance projects like this.
Yes. This is a great idea.
Yes if they thought it was necessary
yes
Doesn't worry me
Yes

Yes and perhaps coaching children in addition to adults.
Only if they are willing to take it on and not lose interest down the track
Yes
Only if they are involved in coaching club members afterwards. Club can get Govt grants for this purpose
No. Let the first coach get settled and let's see how it goes first.
Yes
One person should be enough, and preferably someone with a bit of "cred" behind them to engender respect
Definitely
yes
Yes

4.0. Jetty to Jetty Fun Run:

4.1. Is the Jetty to Jetty getting too big for our Club?
No
I don't think so if the club is keen and supportive
Probably. I am not involved in the organising so I don't know for sure, however there is obviously a great deal of work being done a few dedicated people.
Yes, if it keeps growing.
Yes, but not if all members are helping to organise. Not running in it.
No.
No, I don't think so
Yes
No – we may just need to hire help
Yes – after watching a few people working so hard – very rewarding though
Certainly not
Yes, there seems to be some discontent around the J2J. Has it become too big an event for a club like ours to now manage with many members aging and having been involved in this event for a long time. It causes too much stress on a few individuals who are intensely involved
No
Not at all.
It is getting big – but as it is a community event it is worth the effort. Especially if it is the only community thing we do
No
Yes, and it has happened very quickly. The committee needs to re-evaluate the whole situation and make realistic decisions that are best for the club and for the history of the run. It would be a shame to loose everything that is the J2J because it got too big and out of control.
No, though I would not want to see it get any bigger than what is was this year – I really feel we have reach our capacity
Can still handle it but need a paid administrator. Use some funds from 40K plus charity handout for this
No
No
No
I don't know about that, but it's not a lot of fun.
Not sure, I would like to see what the J2J actually achieved. So far there has been no communication on this. On the actual day I thought yes it was too big for the club as certain people seemed really stressed and what is the point of that?
J2J is and has always been part of the MBRR's, way before my time. It would be sad to loose

something so iconic that returns to runners, local business and areas of need in the community. A paid assistant would certainly ensure longevity of the J2J and the sanity of the J2J committee. Muz has done J2J committee for 24 years – the man is a hero. We need to develop strong symbolic relationships with our beneficiaries e.g. you scratch my back & I'll scratch yours. This certainly is evolving now with Rotary and SES playing a key role in the running of J2J (without their help J2J could not be run) in return for their assistance we are able to offer generous donations to their worthy causes.
No - it is fine
yes
I think it is
Don't know. J2J keep that info to themselves.
Could be. It is a lot of work for a small number of members
I don't believe so. When it was suggested the J2J be divorced from the MBRR it seemed to cause resentment and division amongst the members. On the day the event was organised much as the previous years and proved to be well organised and a great success. The workload on the j2j committee needs to be addressed.
No
Yes
I think it has reached its limit
Definitely a leading question, and my short answer is, 'No it can't get too big, we just need to be more organized or to seek additional assistance to manage each year'
Not sure, the reason I joined the club was because I became aware of the club at the J2J run
Think so
Possibly. I haven't been involved in organizing but it must be getting harder to organize a sit gets bigger.
Yes.
No
No
Perhaps depending on what the objectives are relating to the J2J.
Haven't been involved in J2J so cannot comment
Not if we limit the number of people that can run it. Also, why have the late entry on the morning if it causes so much stress. Let's just plan for a certain amount of runners and let them enter until the day before up to the prepared number of runners and that is it.
How much easier would the morning of the J2J be?

4.2. Should we pay someone to run the Jetty to Jetty for us?
To help us - yes
Yes, to do the lion's share of it. There should be plenty of room in the profits for a part-timer, maybe on an agreed dollar value, or even on a profit sharing basis?
May be it should be looked at, however I am not qualified to answer, given my lack of understanding of the work load.
It goes back to the previous question, if we need to then by all means pay for services rendered – we just need to decide what services, what portion, what percentage of the gross and align it to our bottom line expectations etc etc.
Perhaps part of it – to reduce work load
If we can manage, and we are doing a good job, with more runners each year then that could be better.
I would like to see another organisation take it over, such as Genesis
Yes or we risk loosing J2J as club members age and event gets bigger. Paying someone to run J2J will take pressure off members as setup has been done by J2J committee. Hopefully this way we can keep

control of the event and keep it in the club. (not give it to USM)!
Don't know
In the past this did happen. Many members felt the club was doing the bulk of the work but the rewards were going elsewhere. If payments should be made perhaps they should be directed towards those taking on the heaviest workloads within the j2j committee or MBRR.
Could go back to USM or others & I wouldn't lose any sleep over that
Depends on the main people organizing it. If it is getting too much for them, then yes.
Yes – if it means that this is only way for J 2 J to keep going, then that is what we should do
Yes, if affordable
Could we afford it?
Only if the current organisers are finding it too onerous a job. Their depth of experience is invaluable – perhaps they might be willing to continue if paid? No doubt they use normal work hours to do a lot of the job anyway.
No...
I think that is a vote that should be had
Yes
Yes, someone to help, but not to run it.
I think we should offer free membership to some people and their job is to organise the run.
No - it is a great club event
Yes
Not sure
Not if we can do the job ourselves and the members can get over the stigma of having to share the load with the tri club and to realize that we are not going to be taken over
Maybe a part time Admin person, to take some of the pressure of the committee
Yes but only part time and over the last 2 months
If outsourced yes. If in-house a good idea but may cause dissention in the ranks if only certain people get paid.
Depends on how much
Maybe get students who are learning the trade to help
No, get a student who is studying events to help, they must be out there.
I think the committee members are the appropriate people to answer this
Don't know.
I have done this once for a fun run wasn't as successful as I would have liked, maybe a different event coordinator may have been more successful
No – this could get out of hand if we are not careful and we could lose control of it.
Yes
No
Don't know. Possibly. Maybe the club could attract more sponsorship to offset the cost of this.
I feel I do not know enough of the costing and work loading that is truly involved to offer my opinion
No
I think that this may be an option but it needs to be looked at carefully so as to not loose the J2J. Unfortunately there is not always going to be the same members that will be there year in year out helping out so this is an important decision that needs to be made
Yes

4.3. Remembering that the Jetty to Jetty is a Fundraiser and helps us subsidise our membership fees, Endeavour 500, and some social functions, expenses etc – what are your thoughts in regards to the Jetty to Jetty

If we keep it to ourselves & pay people to run it rather than hand out heaps to charity we can still get a handsome profit for the club plus some for charity (one only)
It's a great event so deserves to be kept.

We need the J2J in some form as a fundraiser.
I think that the J 2 J should keep going, I see it as our one really big Club event – I see it as a day when we can all pitch in as a club and help our community. I really don't think it should get any bigger – perhaps have a cut off figure like other events, and no late entries on the day.
I think that we need to keep it. Otherwise the membership costs will need to increase.
We need to keep the event. Everyone is so positive about doing this event in the most beautiful place in the S.E. Qld
Put a cap on the numbers – no more entries after 2,500 entries are received!?
One of the final committee meetings possibly needs to be extended to include all participating club members – this would enable us to hear and discuss firsthand what is required on the day – not all club members can make it to the coffee club the weekend prior. Committee members do a fantastic job, but those of us on the periphery don't get a lot of direction until the big day.
It's grown into a massive amount of work and not everyone is able to devote enough time to helping.
I felt really good that the Jetty to Jetty was mentioned in the Courier Mail following the Bridge to Brisbane run as a goal to enter following on from this run. No other event got a mention. What more can you ask for?
Perhaps low profile fundraisers could be run throughout the year. The Christmas hamper raffle raises good money to pay for the Christmas party maybe one other raffle could be organised with donated prizes. Perhaps a dinner fundraisers. Or if another organisation took the J2J perhaps MBRR could raise funds through selling t-shirts.
Great event if we can continue to run it. It is good for the club.
The j2j is both, a 'fun-run' and a more serious 10k/half event that is gaining prestige. It helps to put the Peninsula on the map and can provide a useful membership advert for the club. One of the most important aspects of the run is its fundraising. The j2j requires a specialised committee responsible for organising, event policy and fund allocation. It has been suggested that members should not serve on both committees but I feel that this would be a disadvantage to both. Much better j2j feel they have a large membership base to call on if necessary and the club to feel part of the event. Just need the 'wise heads' to ensure they are singing off from the same songbook
We should never forget that the run is part of the MBBR Club
We would need to do some substantial fundraising in other ways if we relinquished Jetty to Jetty – it is currently our ONLY fundraiser.
I am amazed at how well organized this event is with everyone's participation. Cut out Late entries on the day, as this is too much of a scramble.
It puts our club in the spotlight. It is a great advertisement for the MBRR
Fantastic
The focus on the J2J is sidetracking from what the Club is all about. It is a big event; however it should not hinder the club to do other things.
Could we have a Jetty to Jetty party afterwards (as soon as is possible in the week following) to celebrate and talk about what went well and what needs improvement?
I enjoy helping out - a lot.
I would like to see a vote emailed out to all members with a list of charities and club events so we can all decide how the money is spent.
I think it is a great event and we should keep it going for as long as we can
I think it's a great event, that we do really well, we should all be very proud that we can organize such an event, with the resources that we have.
Club needs it to pay insurance and subsidize fees. How else would club raise this amount of cash? Club big enough to run such an event, as long as more members get involved over a longer timeframe before the event
Good initiative to keep but perhaps clear objectives and parameters will assist with keeping it manageable.
Perhaps consider cost / benefit analysis to determine whether it is worth keeping and in what form.

It's good that the Jetty to Jetty subsidises Moreton Bay Road runners. But I would not want it to subsidise other Clubs.
Like the event but feel some members think it is theirs, or if not seem open to suggestions from others.
Keep it going, it is great
I think it's a great race to have each year. If it gets too big then we just get people to help with it.
This year was my first experience of Jetty to Jetty. I think the J2J committee should have involved and engaged more members prior to the actual day. The load of work leading up to the day needs to be spread among more people to lighten the load and ensure that more club members are aware of what needs to happen on the day. I would also like to see accountability of the finances, how much raised, spent, spent on what, donated to charity, retained by the club etc.
Fantastic! I support the Jetty to Jetty 100% and think it's vital to our clubs financial health and ability to provide low cost services to members, whilst at the same time supporting the community we live in and are a part of in South East Queensland. It is a first-class event. I look forward to it each year with the expectation that I am benefitting my club & the community in general. It provides another exciting & rewarding QLD event for all levels of runners and walkers – well done MBRR!!
I do enjoy it and am supportive to help where I can
It is a must do as members don't have to do fundraising all year round
It should be kept if at all possible
If the Jetty to Jetty has reached a critical mass surely there is some negotiation that can be done to ensure that the club gets the funding that it needs to support the Endeavour 500 and other expenses while having another organisation run it. Perhaps we need as a club to limit the number of charities that we support with the run and just do one charity well for example the Endeavour. Or perhaps we could look at applying to the council or government for funding to employ someone part time to do the main organising of the J to J during the year.(A thought that needs further development and may be totally off track!)
I think it is a great event and repeat it every year and be prominent in doing it.
I think it's a great race to have each year. If it gets too big then we just get people to help with it.
It's a good for the club's profile to put on such a prestigious event, it's good for Redcliffe and other clubs that come to help us
It is amazing what the run has been able to do over the last couple of years and the help to the community that the club has been able to provide. It is great publicity for the club and we feel that local beneficiaries on the peninsular should continue to benefit
Or alternatively we need to re-address the option of a 'multi' club. And again this way we can be in control of the event. However it goes we need to retain a figure eg(\$10,000) for the club and the work we do on the day or leading up to race could be an option.

5.0 General:

5.1. Do you feel that communication within the Club regarding training runs and social events is adequate?
Yes calendar and Roy's updates cover this
Yes. The regular updates from Roy, the newsletter and the Bay Blisters are all great
Yes, good email/ communication / web site
No, if you don't go to the Coffee Club on Saturday morning you are forgotten about
Getting better all the time, thanks to Roy
Yes
We think that the website situation needs to be looked at. We have had discussions with Roy and Louise about this matter and there needs to be some ownership taken back of this website by the club before it is lost and starts doing damage to the reputation of the club. Otherwise the communication is

great.
Yes it is excellent – I feel if anyone has a problem with communication, they should let us know don't just whinge about it – give the committee something constructive to improve the situation for them
Yes, pity I don't check my e-mails on a regular basis, that might help
Very good
Yes – I love the weekly email.
Couldn't be better
Usually
Roy, you are doing a great job. If people without a computer would make a fraction of your effort to get your updates, there would be no problem. How hard can it be to make a friend in the club with a printer and ask them to print a copy every time?
No
The weekly mail outs are a great resource for this, communication is now excellent in this regard
There has been some lack of communication this year due to an assumption that everyone goes to the coffee club which is not the case. Email seems to be the best way to communicate to most people these days and if there are to be any changes email seems to suit the majority. Unless there is a major emergency evening runs should not be changed at very short notice.
yes
Always room for improvement
Yes, I think the recent improvements have helped me feel like I belong during the week between runs.
I would like to have more social events
Yes, information communication is very good with the weekly email update etc.
Weekly update good. Details of weekend long runs?
Yes
Yes. Roy does a great job in this area. If people don't read their emails – bad luck.
Yes, very good
Roy Sharpe does a marvelous job. The monthly newsletter is also very informative although a bit after the event.
Roy does a truly excellent job. Jana does a great job with the newsletter and not forgetting the Bay Blisters thanks to Catherine (have kept everyone).
No
Yes
Good things can always be better, so we should always strive to do our best, keep up the good work and be aware of the individual as much as possible...
No
Some things you find out by default, but not many organisations have perfect communications. Overall communications is reasonable good.
Yes, very good
The members taxed with the provision of information on do a good job much of it via internet. Members without access may miss important information. A monthly paper newsletter available on runs could be useful. This may already be in place. If a member doesn't turn up once or twice a month then what do they need to be informed of? Should this happen however it might be worth trying to find the reason?
Yes
Yes
I think so, however I do feel that not enough members access the website for their information or to add some input to it
Yes
Yes as long as you read your electronic mail, otherwise not good for non computer users
Yes
Yes

Our emails are great value
No. We need a weekly communique, and we need members to submit their training runs etc so everyone knows what's on. The website is clunky, and often not accessible. Mick has tried to fix this problem, but I still can't access it reliably. No-one uses the forum, not sure why – maybe because of the website being unreliable? Or maybe people are just not familiar with forums? And we still have the problem of people without email (Luddites!).

5.2. How do you feel about renewing your MBRR membership online?
--

Fine.
Ok.
Have done this with other clubs – it works well
No problem
Ok. Modern technology is the way our world is heading. Club members I believe should still have two options for payment until eventually everyone is comfortable with this method of paying. Phase in this method.
Great idea, when do I start? I'd like to directly invoice members and allow them to go online and BPay, or direct debit by any means, as well as offering cheque and cash as required.
ok if secure site / PayPal
Happy to try
Yep, that's okay.
We think this is a good thing for the club.
Is this actually an advantage and to whom – I see the one day we put aside for renewing memberships as a social day and don't have problem with it being done manually on that day. I also wonder about the extra cost of entering online – lots of figures have been thrown around. Perhaps a for and against list might be in order to decide on this one
Good idea but give to option for the team that can't or won't do it that way
Great idea!
Will be a member forever
No, Having been Club Secretary I can assure you this will increase the Secretary's workload enormously. The Secretary will need to cross reference the online payments with membership and QA forms. People will pay their membership and will forget to submit the necessary forms, and this requires constant reminders to members to fill forms out. QA forms are especially important as this form is submitted to QA by Sec./no form/no insurance. The one failing of our members is they mean well, but heavens ask them to respond to an email, sign and return a form and you wait until it snows in Redcliffe for it to happen. A prime example is Annette Cubitt. She will have paid on line, but has she submitted new membership & QA forms? What happens if she falls over at a run and wants to make a claim with QA? I think the once a year sign on day, group photo and BBQ are an important part of the MBRR calendar. Why change something that works so well. Please don't become impersonal like an ATM. We are a club that proudes ourselves as being social and welcoming. This is a great way (sign on day) for new members to meet the cross section of the club and find people of similar ability and interest. Yes this is me Louise writing this, something I feel strongly about – NO to online registration. The decision for online registration should only be made by the current secretary who will be doing all the work.
No problem
I have no issues with this. Less paperwork.
Yes, I would do that
Yes
Yes
Yes, that is the future, no good hiding
Why not, everyone has access or knows someone who can help them. Even the banks and Telco's charge extra for cash.

I have no problems with it as long it is done securely, however I feel that some members will avoid it.
Good Idea
Should happen if people want to pay or join club this way
If I can do it I will
Not in favor
Personally sooner pay at AGM or to a committee member who takes on the responsibility
Depends on costing
Do not do computer
Wouldn't do it
No
Sign on Day was great
No problems
Good idea.
I'm not keen on it
No problem. And, I promise to join next year
No problem
That's fine
definitely
That's ok
Lucky me - Life Member. It's the 21 century and on-line stuff is the way of the world.
Good idea as long as it is secure.
Good idea
That's fine.

5.3. Is there anything else you would like to comment on?
We need to keep in mind the whole meaning of the club and don't forget the roots of it. It would be a shame to change such a friendly club and forget that all members are part of the club and need to be heard.
Great club, great people.
Keep up the good work
I believe we have a very good club overall. If seemingly negative things happen from time to time, this is a part of normal life. They become opportunities to review and renew and make positive changes.
MBRR is a walking/running club that has a keen social element. More than anything this social element helps to unite walkers and runners of different abilities with each other. It might be possible to have an annual social get-together, in part supported by the j2j funding, that would reward the members and the many family members that help to make the j2j and the club events a success. We have had successful birthday get-togethers in the Latte district but these are subject to weather and numbers. Something along the lines of the Barry Richards 50 th at the boat club might work.
Nope, that's about it. It would be nice to see an increase in club spirit and enthusiasm again.
Jana's Monthly newsletter is great; the Bay Blister was superb when Catherine still had time for it. Perhaps we can see what we can do between the two of them for a way forward.
The relay run this year got cancelled and never rescheduled. It is a great family thing and is an important event that would involve partners/ families
It would be sad to see the demise of the Bay Blisters. I think a 6-monthly issue loses its relevance; people would be reluctant to contribute knowing it would be half a year before it hit the press. I know it is a big job, but every effort should be made to keep up the frequency. It is a real window into the club, and members love looking for themselves in there.
As a matter of fact yes! I am concerned about women left to run on their own at night or men for that matter – anyone can be a victim of assault or accident. It's only a matter of time before we have an incident and the repucations may be very serious. I raised this recently with the committee and a one-

line comment appeared in the depths of the abbreviated minutes of the meeting. Our club has a moral and legal responsibility to do the right thing; for too long everyone simply gives lip service to this issue or leaves it to someone else to assume the responsibility. Is it really going to kill a 5 minute a K runner to occasionally run at the back of the pack with a few slower ladies?
We are not a business but a Running Club, let's not get too big for boots
I believe in the last couple of years the committee has lost its way as a social running club. I fully believe a new committee will turn this around.
Whether have internet or not, would like to get paper copy of weekly runs.
I think we have a great club, and would like to thank all those who put so much work in to make it such a vibrant club.
A good idea may be to have people document their visions for the club.
It is a great club and we need to continue to encourage new members especially young ones Perhaps a Club Fact Sheet outlining what the club does, the money it raises for charities, events it participates in, would be great to put up on website and hand out to members
I think you have covered all and sundry.
Great club, so glad I joined!
I think that the Redcliffe Peninsula is a great location to live and work, and the bonus of belonging to a fantastic running club like MBRR is wonderful... In the words of Johnny Famechon, "I love youse all..."
Could we have a membership card, which can be used to ask for discount in sports shops?
Every position on the committee should be filled by a person that has been voted in.
Just that I get frustrated sometimes when I hear people complain about stuff but they never volunteer to be on the exec or help out. These are all volunteer positions and we're all trying to do our best to help run the club.
Great people, great location, just need some more structure in providing training sessions. Increase marketing efforts, reward those that put the effort in.
Perhaps we could sponsor week runs from j2j funds say \$10 to \$20 totaling \$500 to \$1000 per year off j2j profits? To encourage more people to host home runs?
I am very happy with the way the Club runs – we support each other in our running and our personal lives –we have fun – we are constantly trying to improve
This is a great club. We don't want to change too much or we will lose our "family feeling" but we do need to start catering for the many levels of fitness/interests/goals
No (from 6 members)

Thank you for your input and your interest in our great Club!



MBRR 2009 Survey- Summary

Find below a short summary of the responses to the survey:

1.0 Items of Interest

1.1. What is the most important thing that the Club provides for you?
<i>Summary:</i> A social environment with the occasional mention of walking/running
Friendships, Mate ship, Comradery, Companionship, Moral support
Running support, encouragement and the motivation to exercise
A great environment to train with like-minded people, who like to have fun and keep fit
Running companionship, goal setting, training tips, knowledge- Social aspect.
Running, different venues for runs e.g. trail runs, advice from experienced runners
It has provided me with friends from all walks of life and good people to be with. A very kind group.
A group of likeminded people of various backgrounds, interests, age groups, abilities who run.
It is a good friendly club – not too much formality.

1.2. Do you have any suggestions that can help improve the Club/Committee going forward?
<i>Key items include:</i>
<ul style="list-style-type: none"> • Listen to what the members want the club to be. Make sure the committee is not on a different path • We need to try be more transparent in all our planning and outcomes – share information • Aim to have new committee member's every election this generating new ideas and participation • Determining and communicating a clear vision and mission for the club. • A committee needs to be very transparent creating an atmosphere where all club members have opportunities to have their say and feel free and valued enough to speak their mind. • value peoples time and efforts • I'd love a club house • It's about the best club / group of people I've ever been involved with.

1.3. Please provide one positive aspect of the Club and explain.
<i>Key items include:</i>
<ul style="list-style-type: none"> • Running companionship, it's great as you never have to run alone. • Fellowship and support, Companionship, Great people, great location. • It is a club my husband and myself can be involved together. • The way you can depend on events/activities happening • A wide range of abilities from walkers/runners looking to keep fit, to runners training for some specific event. • Encouragement, motivation, camaraderie • Having the opportunity to do group trips for big events like the Gold Coast is great

<ul style="list-style-type: none"> • The club spirit and friendliness of the members
<ul style="list-style-type: none"> • Mid week runs - Safe evening running and route variety
<ul style="list-style-type: none"> • Having the choice to run or walk

1.4. Please provide one **negative aspect of the club and explain. Is there a possible solution?**

<p><i>Key items include:</i></p>
<ul style="list-style-type: none"> • We were trying to make it into a Elite running club – most members want a Social Running Club
<ul style="list-style-type: none"> • Sometimes you arrive for a long run and find a group went out earlier, can lead to people feeling outside, need to find a way to inform interested members
<ul style="list-style-type: none"> • Too much emphasis on bike riding – we are after all a running club
<ul style="list-style-type: none"> • No formal stretching time. Should be a habitual thing
<ul style="list-style-type: none"> • I would like the opportunity to learn from other runners e.g. techniques, injuries. If the faster runners could spend time with slower runners sometimes and share their experience.
<ul style="list-style-type: none"> • As the club has grown it seems to be separating into sub groups. Hopefully this survey will assist to find out what everyone wants?
<ul style="list-style-type: none"> • Too much Tri-Club involvement
<ul style="list-style-type: none"> • More encouragement (coaching?) for the slower runners to help them
<ul style="list-style-type: none"> • Vary locations of runs so they are not so familiar (New Areas)
<ul style="list-style-type: none"> • Perception is there is a measure of disharmony on the committee.

1.5. For the **newer members of the Club is there anything different we could do to make you feel **more welcome**?**

<p><i>summary:</i> We can do more to make new members welcome; perhaps a buddy system</p>
<p>Comments included:</p>
<ul style="list-style-type: none"> • Perhaps a more official lead up with first runs with specific members allocated to run with
<ul style="list-style-type: none"> • We run as a group with new runners and do not take off and leave them.
<ul style="list-style-type: none"> • Assign a regular buddy for the first three months
<ul style="list-style-type: none"> • As a new member - at the socials functions it would be nice to be 'embraced' a little more by other members. If I don't start a conversation – no one else does.
<ul style="list-style-type: none"> • Let them do the Jetty to Jetty in their first year as a club member.
<ul style="list-style-type: none"> • I would like to see club members have a name badge
<ul style="list-style-type: none"> • Do we really need more members? What should our membership cap be? Everyone who administers our club are volunteers who give their time freely – could we cope with another 50 active members? That is, 60 to 100 people running at weekends and during the week? There would be safety issues, logistic problems feeding/watering so many.
<ul style="list-style-type: none"> • I think the new members fit in quite well as it is.
<ul style="list-style-type: none"> • Develop a standard practice of welcoming new people, and even perhaps request committee members to introduce themselves

1.6. What can the Club do to **encourage new members? Retain **existing members**?**

<i>Summary:</i> We need to cater for a variety of members; the ones we have and/or want to attract
Comments included:
<ul style="list-style-type: none"> • Keep it simple. Encourage all levels. Spot advertising and free editorials • Encourage – have a mini-workshop to discuss new ideas • flyer to hand out explaining we are not an elite running club • variety of programs for different fitness levels to attract younger members goals • Have guests day where everyone invites potential members/friends for a run • Focus on people joining in order to train for a specific event • A complementary 3/6 month membership together with entry to the Jetty to Jetty • I like the monthly BBQs – this social side retains existing members.

1.7. Walkers – what could we do to advertise the fact that we have walkers and attract more?
<i>summary:</i> Lots of good ideas to grow and improve the Walking team
Suggestions included:
<ul style="list-style-type: none"> • In the club title - Moreton Bay Road Runners and Walkers • The sign at the jetty need to change to runners and walkers • Make that a part of the MBRR Flyer – distribute at weekends, running events, website download... • Advertise in local paper, local gyms, library • Just by wearing club T shirts, that says '<i>Walkers are worn out runners</i>' • Have a 5 km walk on a regular basis • Suggest walking event. For club members only, perhaps on either a Saturday or Sunday we could have an event called "Smell the roses event" where everyone including usual runners are expected to walk and then have a shared breakfast BYO at a designated spot e.g. Suttons Beach to finish the walk. Possibly once a year.

1.8. Are you willing to be part of the executive committee or help with organising some events/runs etc?
<i>summary:</i> A lot of people offer their help in any way they can.
<ul style="list-style-type: none"> ➤ 31% of members answered with yes ➤ 25% of members answered with no ➤ Most members were keen to help
Comments included:
<ul style="list-style-type: none"> • not on committee, but can help when possible • Get little time – difficult with work and kids • Are happy to help out when needed • In any way that's required, count me in • Sorry, I live far away

2.0. Events:

2.1. Which activities do you like to do with the Club at the moment?
<i>summary:</i> There is a strong social aspect to the answers. Not many runs are mentioned without a coffee or BBQ in the same sentence.
<ul style="list-style-type: none"> • Runs and BBQs • Weekend runs and coffee • All of them, especially the BBQ after a run • Walk on Saturday or Sunday and the occasional weeknight. Meet for coffee afterwards. Enjoy the BBQs and G.C. run. Attending and being part of the City to Surf in Sydney. • Endeavour, Goondiwindi, Gold Coast, and any of the socials events • Running and drinking coffee • Do long runs on Sundays, occasional night runs during the week. • All the events – Gold Coast Marathon, Glass House Trail Runs etc. • Trail runs, long group training runs and of course the Coffee Club. • Try to do a Saturday or Sunday run at the Jetty; • Enjoy training up with others before big runs like the Gold Coast; • Even enjoyed the Dam Run with the shitty hill at the end. • Run and walk, drink coffee

2.2. Are there any additional activities you would like to see from the Club? Please be specific.
<i>summary:</i> A lot of good ideas for more social things to do.
Suggestions included:
<ul style="list-style-type: none"> • something that involves all the family -like a Relay or “crazy sports” morning • More Trail Runs in the summer where there are lots of options for walkers, joggers, runners and turtles with a picnic afterwards. Mt Mee or Maddock’s Dam run for the family • Information nights occasionally...nutrition, training, competing, injury prevention • Some ideas I have seen work well at other clubs include a weekly handicap run or time trial. • Coaching with cross training – swimming, bike riding, weights • Return of the monthly run at different locations (wetlands, Bribie ...) • Not really - I am very happy. • Interval training / Coached speed work session at a location on the Peninsula • Social outings that do not include running.

2.3. Are you interested in another event in the year off when the Club does not travel to City to Surf? If yes, Where?
<i>summary:</i> A lot of interest to travel to another location in the year between the City to Surf.
<ul style="list-style-type: none"> ➤ 50% of members voted yes or favourable ➤ 15% voted no or where not in favour ➤ Several members were unsure ➤ Cost is a concern
Destinations included:

<ul style="list-style-type: none"> • 11 members suggested Melbourne
<ul style="list-style-type: none"> • Alice Springs, Broken Hill, way out west
<ul style="list-style-type: none"> • The Great Ocean Road, Great Train Race Melbourne
<ul style="list-style-type: none"> • Hunter Valley
<ul style="list-style-type: none"> • Sunshine Coast

2.4. Are you interested in an international event? If yes, Where?
<i>summary:</i> Definitely a travel happy Club, finances permitting. New Zealand seems a good first step.
<ul style="list-style-type: none"> ➤ 44% of members answered yes or favourable ➤ 21% of members answered no or unfavourable ➤ Cost is an obvious factor
Destinations included:
<ul style="list-style-type: none"> • 11 members mentioned New Zealand • Kilimanjaro, New York and London was next with the same amount of votes • Europe, China, South America , Fiji, Pacific Islands all got a mention • Almost anywhere that isn't hot and there is no current or recent military activity, or lots of long buried land mines.

3.0. Training:

3.1. Does the Club meet your expectations in regards to training?
☺
<i>summary:</i> Most people seem to be successful in making the best out of what we got.
<ul style="list-style-type: none"> ➤ 44% of members answered with yes or favourable ➤ 13% of members answered with no or unfavourable ➤ several members were undecided
Comments included the following:
<ul style="list-style-type: none"> • It is good when others are training for same event. • I have no expectations however if there were more structures training opportunities I would take advantage of them if able to within my daily schedule. • I've been lucky to have Paul as a coach. If I didn't have him I don't think the club would meet my expectations in regards to training. It's good we're getting coaches. • I'm interested in more interval training and stretching. • I don't expect the club to train me, that's my responsibility to manage my own training • When I need some help/advice I usually ask someone like Paul, Pete D or Pete R. • better communication would help in relations to what people are planning or running

3.2. Would you like a more structured training program within the Club?

☺
<i>Summary:</i> There is recognition that we can benefit from a training program
➤ 42% of members answered with yes or favourable
➤ 31% of members were undecided
➤ 19% members answered with no or were unfavourable
Comments included:
• Can be useful before a 'big' rune i.e. the Gold Coast
• Yes, especially to help new people achieve goals safely
• A hands on coach would assist with this
• I like the relaxed approach. There are people like Paul Ewing for people to approach for personalised program.
• It would be a draw card in getting new members, and retaining existing ones.
• I think most people are complacent and just want to run. It would be good to present that option and see the response. Having said that, whenever someone has suggested a structured run, Paul or Muz, it has been well supported.
• Yes, think it would help improve performance.

3.3. If there was an option to have a more **structured approach to a **night running** session would you take advantage of it?**

☺
<i>Summary:</i> Structured training is in demand as long as we do not lose the social aspect.
➤ 46% answered with yes or for it
➤ 23% answered with no or against
➤ 20% members were unsure
Comments included:
• Mid week runs are what you make them, it would be good to have option of more structured run on one of these evenings. i.e. speed work session at local park
• Occasionally, yes, but maybe not at the expense of losing the social aspect of an evening run
• Definitely no, I go for the friendship/coffee and on occasions a run.
• Yes, running laps at a park . It is also good to keep all the runners together and create an opportunity for the slower runners to talk to the faster runners.

3.4. Would you take advantage of a monthly **boot camp at a reasonable cost?**

☺
<i>Summary:</i> Very much down the middle on that one.
➤ 36% of members answered with yes
➤ 36% of members answered with no
➤ Few members undecided
➤ A few 'that depends' answers

3.5. Would you like to see the Club put more members though coaching roles?



Summary: There is support for a coaching role; the detail needs to be worked though.

- 38 % of members answered with yes or in favour
- 21% of members answered with no or unfavorable

Comments included:

- I think two coaches is sufficient for our club
- I think the club is mainly a social club, so not really
- Would be good idea for the youngish, able club member.
- One good coach would be enough to start
- Yes and perhaps coaching children in addition to adults

4.0. Jetty to Jetty Fun Run:

4.1. Is the Jetty to Jetty getting **too big** for our Club?



Summary: The J2J run is growing in size; we have to re-evaluate how we best manage it;

- 42% of members answered with no
- 25% of members answered with yes
- Quite a few ' that depends' answers

Comments included:

- It causes too much stress on a **few individuals** who are intensely involved
- Not if all members are helping
- Certain people seemed really **stressed** and what is the point of that?
- very rewarding, love to help on the day
- Not if we limit the number of people that can run it
- The workload on the j2j committee needs to be addressed.
- As a **community event** it is worth the effort; especially if it is the only community thing we do
- Don't have late entry on the morning if it causes so much stress
- Have a cut of date and mail out bibs and chips. No late entries. How much easier would the morning of the J2J be?
- No it can't get too big, we just need to be more organised and/or to seek additional assistance to **manage** each year

4.2. Should we **pay someone** to run the Jetty to Jetty for us?



Summary: There is a large workload on a few J2J committee members. They need help from the Club or someone outside, if we want to retain J2J to ourselves.

- Most answers were ' that depends' , people want more info
- 20% of members answered with yes
- 12% of members answered with no

Comments included:

- Paying someone to run J2J will **take pressure off** members

• There should be room in the profits for a part-timer
• Perhaps part of it – to reduce work load
• Yes – if it means that this is only way for J 2 J to keep going
• I think that is a vote that should be had
• Hopefully this way we can keep control of the event and keep it in the club
• Maybe a part time Admin person, to take some of the pressure of the committee
• Get a student who is studying events to help
• I think the committee members are the appropriate people to answer this

4.3. Remembering that the *Jetty to Jetty* is a Fundraiser and helps us subsidise our membership fees, Endeavour 500, and some social functions, expenses etc – what are your thoughts in regards to the *Jetty to Jetty*

☺
<i>summary:</i> A great event for the Club to raise some funds to put back into the community.
Comments included:
• Great event if we can continue to run it. It is good for the club.
• It puts our club in the spotlight . It is a great advertisement for the MBRR
• I see it as a day when we can all pitch in as a club and help our community .
• I think that we need to keep it. Otherwise the membership costs will need to increase.
• Include all helping club members in last J2J meeting– this would enable us to hear and discuss firsthand what is required on the day
• It is a first-class event
• I enjoy helping out - a lot.
• I would like to see a vote emailed out to all members with a list of charities and club events so we can all decide how the money is spent.

5.0 General:

5.1. Do you feel that **communication within the Club regarding training runs and social events is adequate?**

☺
<i>summary:</i> A large majority of members are happy with the Communications
➤ 65% members answered with yes or favourable
➤ 10% answered with no or unfavourable
Comments included:
• Roy does a truly excellent job. Jana does a great job with the newsletter and not forgetting the Bay Blisters thanks to Catherine.
• The regular updates from Roy, the newsletter, the calendar and the Bay Blisters are all great
• Weekly update needs to include details of weekend long runs/earlier starters
• We think that the website situation needs to be looked at

5.2. How do you feel about renewing your MBRR membership online?

☺
<i>Summary:</i> General support if cost effective, safe and still has a paper option.
➤ 68% of members answered yes or in favour
➤ 15% of members answered with a no or against it
Other comments included:
<ul style="list-style-type: none"> • Modern technology is the way our world is heading. Club members should still have two options for payment until eventually everyone is comfortable with this method of paying. • ok if secure site / PayPal • Sign on Day was great • What is the extra cost? • Personally sooner pay to a committee member • Lucky me - Life Member

5.3. Is there anything else you would like to comment on?
☺
<i>Key items:</i>
<ul style="list-style-type: none"> • Great club, great people. • Keep up the good work • I am very happy with the way the Club runs – we support each other in our running and our personal lives –we have fun – we are constantly trying to improve • It would be sad to see the demise of the Bay Blisters. • I am concerned about women left to run on their own at night or men for that matter – anyone can be a victim of assault or accident. It's only a matter of time before we have an incident and the repucations may be very serious. Is it really going to kill a 5 minute a K runner to occasionally run at the back of the pack with a few slower ladies? • The relay run this year got cancelled and never rescheduled. It is a great family thing and is an important event that involves partners/ families • Just that I get frustrated sometimes when I hear people complain about stuff but they never volunteer to be on the exec or help out. These are all volunteer positions and we're all trying to do our best to help run the club. • A good idea may be to have people document their visions for the club. • It is a great club and we need to continue to encourage new members especially young ones • I believe we have a very good club overall. If seemingly negative things happen from time to time, this is a part of normal life. They become opportunities to review and renew and make positive changes. • This is a great club. We don't want to change too much or we will lose our "family feeling" but we do need to start catering for the many levels of fitness/interests/goals

Thank you for your input and your interest in our great Club!